

City of San Diego Prioritized Domains of Liveability Key:

- 1 - Transportation
- 2- Housing
- 3 - Social Participation

- 4 - Work and Civic Engagement, focused on volunteerism
- 5- Respect & Social Inclusion

Plans reviewed:

SANDAG 2018 Coordinated Transportation Plan (SANDAG CTP) (2018)	San Diego Senior Centers Assessment Report (SDSCAR) (2019)	San Diego County Senior Health Report (SDCSHR) (2015)
City of San Diego General Plan (2008 - 2019)	City of San Diego Climate Action Plan (SDCAP) (2015)	Age Well San Diego Action Plan (2018)
County of San Diego Adopted Operational Plan (CSDAOP) (2017-2019)	Vision Zero Strategic Plan (VZSP) (2025)	2018 WEALLCOUNT Annual Report (2018)
Live Well Strategic Plan (LWSP) (2019-2024)	Aging & Independence Services Area Plan UPDATE (AISAP) (2018-2019)	Alzheimer’s Disease and Related Dementias in San Diego County (ADRSDC) (2018)
City of San Diego Parks Master Plan Work Plan (PMPWP) (2017-2020)		

This section looks at how the plans described above fit into the 5 Domains that have been prioritized by the City of San Diego

1 - Transportation		
An age-friendly community includes ways for older people and non-drivers to get where they need to go		
PLAN	SECTION	GOAL/OBJECTIVE
SANDAG CTP (2018)	Ch. 8, Goals/Vision	Regional Economic Property Objective: Invest in transportation projects that provide access to a variety of jobs with competitive wages for all communities
SANDAG CTP (2018)	Ch. 8, Goals/Vision	Mobility Choices Objective: Provide safe, secure, healthy, affordable, and convenient travel choices between the places where people live, work, and play
SANDAG CTP (2018)	Ch. 8, Goals/Vision	Mobility Choices Objective: Take advantage of new technologies to make the transportation system more efficient and accessible
SANDAG CTP (2018)	Ch. 8, Goals/Vision	Healthy and Complete Communities Objective: Connect communities through a variety of transportation choices that promote healthy lifestyles, including walking and biking
SANDAG CTP (2018)	Ch. 8, Goals/Vision	Goal 3: Offer a network of affordable and accessible public and specialized transportation services that are productive, coordinated, convenient, and appropriate for the markets being served
SANDAG CTP (2018)	Ch. 8, Goals/Vision	Goal 4: Offer accessible public and specialized transportation services in San Diego that are reliable, offer competitive travel times to major destinations, and provide consistent travel times for the same trip and mode of transportation
SANDAG CTP (2018)	Ch. 8, Goals/Vision	Goal 5: Provide an accessible transit network in the urban areas that offers frequency and span of service to support spontaneous use for a wide range of needs to support a diverse economy
SANDAG CTP (2018)	Ch. 8, Goals/Vision	Goal 7: Offer accessible public, lifeline, and specialized transportation services in San Diego to all populations, without discrimination on the basis of race, color, language, national origin, or disability
General Plan (2015)	Mobility Element	Policy ME-A.1. Design and operate sidewalks, streets, and intersections to emphasize pedestrian safety and comfort through a variety of street design and traffic management solutions, including but not limited to those described in the Pedestrian Improvements Toolbox, Table ME-1.
General Plan (2015)	Mobility Element	Policy ME-A.2.d. Implement Crime Prevention Through Environmental Design (CPTED) measures to reduce the threat and incidence of crime in the pedestrian environment
General Plan (2015)	Mobility Element	Policy ME-A.2.f. Provide adequate levels of lighting for pedestrian safety and comfort.
General Plan (2015)	Mobility Element	Policy ME-A.3. Engage in a public education campaign to increase drivers’ awareness of pedestrians and bicyclists, and to encourage more courteous driving.
General Plan (2015)	Mobility Element	Policy ME-A.4.b. Make sidewalks and street crossings accessible to pedestrians of all abilities - Provide special attention to the needs of children, the elderly, and people with disabilities.
General Plan (2015)	Mobility Element	Policy ME-A.4.c. Make sidewalks and street crossings accessible to pedestrians of all abilities - Maintain pedestrian facilities to be free of damage or trip hazards.

ESSENTIAL FEATURES OF AGE FRIENDLY CITIES (By WHO)

Checklist Features*

*Checked features are a result plan findings and site observations; Checklist items are from AARP/WHO Domain "Transportation"

<input type="checkbox"/> Public transportation costs are consistent, clearly displayed and affordable.	<input checked="" type="checkbox"/>
<input type="checkbox"/> Public transportation is reliable and frequent, including at night and on weekends and holidays.	<input checked="" type="checkbox"/>
<input type="checkbox"/> All city areas and services are accessible by public transport, with good connections and well-marked routes and vehicles.	<input checked="" type="checkbox"/>
<input type="checkbox"/> Vehicles are clean, well-maintained, accessible, not overcrowded and have priority seating that is	<input checked="" type="checkbox"/>
<input type="checkbox"/> Specialized transportation is available for disabled people.	<input checked="" type="checkbox"/>
<input type="checkbox"/> Drivers stop at designated stops and beside the curb to facilitate boarding and wait for passengers to be seated before driving off.	<input type="checkbox"/>
<input type="checkbox"/> Transport stops and stations are conveniently located, accessible, safe, clean, welllit and well-marked, with adequate seating and shelter.	<input checked="" type="checkbox"/>
<input type="checkbox"/> Complete and accessible information is provided to users about routes, schedules and special needs	<input checked="" type="checkbox"/>
<input type="checkbox"/> A voluntary transport service is available where public transportation is too limited.	<input type="checkbox"/>
<input type="checkbox"/> Taxis are accessible and affordable, and drivers are courteous and helpful.	<input type="checkbox"/>
<input type="checkbox"/> Roads are well-maintained, with covered drains and good lighting.	<input checked="" type="checkbox"/>
<input type="checkbox"/> Traffic flow is well-regulated.	<input checked="" type="checkbox"/>
<input type="checkbox"/> Roadways are free of obstructions that block drivers’ vision.	<input checked="" type="checkbox"/>

As of 12/27/19

City of San Diego Age-Friendly Communities

Policy Scan List

Last Updated:

1/17/2020

General Plan (2015)	Mobility Element	Policy ME-A.6. Work toward achieving a complete, functional and interconnected pedestrian network. - 1. Close gaps in the sidewalk network 2. Provide convenient pedestrian connections between land uses, including shortcuts where possible 3. Design grading plans to provide convenient and accessible pedestrian connections from new development to adjacent uses and streets.
General Plan (2015)	Mobility Element	Policy ME-A.7. Improve walkability through the pedestrian-oriented design of public and private projects in areas where higher levels of pedestrian activity are present or desired.
General Plan (2015)	Mobility Element	Policy ME-A.7. ME-A.8. Encourage a mix of uses in villages, commercial centers, transit corridors, employment centers and other areas as identified in community plans so that it is possible for a greater number of short trips to be made by walking.
General Plan (2015)	Mobility Element	Policy ME-A.9. Continue to collaborate with regional agencies, school districts, community planning groups, community activists, public health professionals, developers, law and code enforcement officials, and others, to better realize the mobility, environmental, social, and health benefits of walkable communities.
General Plan (2015)	Mobility Element	Policy ME.B.1.c. Enhance overall transit customer experience through attention to safety, station areas, vehicles, seating, and other factors.
General Plan (2015)	Mobility Element	Policy ME-B.7. Support efforts to develop additional transportation options for non-driving older adults and persons with disabilities
General Plan (2015)	Mobility Element	Policy ME-C.4.a. Regularly optimize traffic signal timing and coordination to improve circulation. Implement new signal and intersection technologies that improve pedestrian, bicycle, and vehicular safety while improving overall circulation.
General Plan (2015)	Mobility Element	Policy ME-C.5.d. Design traffic calming devices appropriately, including consideration for: accessibility; drainage; underground utilities; adequate visibility; the needs of emergency, sanitation, and transit vehicles; and landscape.
General Plan (2015)	Mobility Element	Policy ME-C.6.n. Avoid frequent driveway curb cuts that create conflict points between autos and pedestrians.
General Plan (2015)	Mobility Element	Policy ME-C.5.b. Implement bicycle facilities based on a priority program that considers existing deficiencies, safety, commuting needs, connectivity of routes, and community input.
General Plan (2015)	Mobility Element	Policy ME-F.6. Develop and implement public education programs promoting bicycling and bicycle safety.
General Plan (2015)	Recreation Element	Policy RE-D.5. Work with regional agencies to improve public transit to park and recreation facilities.
General Plan (2006)	UrbanDes. Element	Policy UD-A.8.d. Design safe, attractive, accessible, lighted, and convenient pedestrian connections from transit stops and stations to building entrances.
General Plan (2006)	UrbanDes. Element	Policy UD-A.9.d. Use pedestrian-scale lighting along the street to promote safety and to encourage evening socialization. Street light fixtures unique to a neighborhood are also a way to create a sense of place within a neighborhood and establish or maintain community identity.
General Plan (2006)	UrbanDes. Element	Policy UD-A.9.g. Remove barriers to pedestrian and bicycle circulation in order to enable patrons to walk or bike to neighboring businesses.
SDCAP (2015)	Strategy 3, Goal 3.1	Increase the use of mass transit
SDCAP (2015)	Strategy 3, Goal 3.2	Increase commuter walking opportunities
SDCAP (2015)	Strategy 3, Goal 3.3	Increase commuter bicycling opportunities
Age Well (2018)	Transpo. Goal 2	Institute regional planning policies to promote smart growth.
Age Well (2018)	Transpo. Goal 4	Implement a comprehensive regional transit policy.
Age Well (2018)	Transpo. Goal 5	Develop a coordinated, innovative rideshare mobility system for all users.

- Traffic signs and intersections are visible and well-placed.
- Driver education and refresher courses are promoted for all drivers.
- Parking and drop-off areas are safe, sufficient in number and conveniently located.
- Priority parking and drop-off spots for people with special needs are available and respected.

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2 - Housing		
An age-friendly community has housing suitable for older adults.		
PLAN	SECTION	GOAL/OBJECTIVE
SANDAG CTP (2018)	Ch. 8, Goals/Vision	Healthy and Complete Communities Objective: Increase the supply and variety of housing types – affordable for people of all ages and income levels in areas with frequent transit service and with access to a variety of services
General Plan (2021)	Housing Element	Objective E: Support programs aimed at housing vulnerable and special needs populations
General Plan (2021)	Housing Element	Policy HE-C.2 Create and promote programs and incentives that stimulate the production of new units across all household incomes, ages, types, and needs.
General Plan (2021)	Housing Element	Policy HE-E.1 Monitor the need for senior housing across all income groups and for various levels of care, and support programs and incentives that encourage the development of a variety of senior housing.
General Plan (2021)	Housing Element	Policy HE-E.4 Strive to ensure sufficient short- and long-term housing is available for vulnerable populations.
General Plan (2021)	Housing Element	Policy HE-E.5 Support programs and incentives that encourage the development of Veterans Housing.
General Plan (2021)	Housing Element	Policy HE-E.9 Strive to make at least 10 percent of temporary (including disaster relief shelters) and long-term housing fully accessible for persons with disabilities.
General Plan (2021)	Housing Element	Policy HE-E.10 Support and encourage demonstration projects that connect healthcare services to housing (especially for vulnerable populations).
General Plan (2021)	Housing Element	Policy HE-E.11 Support the provision of an array of housing for persons with physical and developmental disabilities
General Plan (2021)	Housing Element	Policy HE-G.5 Encourage the incorporation of accessibility improvements into rehabilitation projects to increase affordable housing access for people with disabilities.
General Plan (2021)	Housing Element	Policy HE-I.4 Emphasize the need for affordable housing options for seniors and people with disabilities and/or special needs near transit, healthcare services, shopping areas, and other amenities.
General Plan (2021)	Housing Element	Policy HE-I.9 Encourage micro-unit housing and new shared housing models to help meet the housing needs of the elderly, students, and lower-income individuals, and promote their development within TPAs citywide.
General Plan (2021)	Housing Element	Policy HE-I.13 Support programs and housing developments that support inclusive, racially and ethnically diverse, and mixed-income residential communities throughout the City, such as inclusionary housing programs, multigenerational housing, large family units, and affirmative marketing plan requirements.
General Plan (2021)	Housing Element	Policy HE-M.5 Foster neighborhoods that include a diversity of housing types, especially affordable, senior, accessible, and family housing, including units for large families.
General Plan (2021)	Housing Element	HE-S.1 Connect residents—especially lower income residents—to Federal, State, and local programs that provide housing support and related services.
Age Well (2018)	Housing Goal 3	Institutionalize a coordinated approach to creating and financing affordable housing stock.
Age Well (2018)	Housing Goal 4	Develop comprehensive supports associated with housing for successfully aging in community.

Checklist Features

*Checked features are a result plan findings and site observations;
Checklist items are from AARP/WHO Domain "Housing"

As of 12/27/19

- Sufficient, affordable housing is available in areas that are safe and close to services and the rest of the community.
- Sufficient and affordable home maintenance and support services are available.
- Housing is well-constructed and provides safe and comfortable shelter from the weather.
- Interior spaces and level surfaces allow freedom of movement in all rooms and passageways.
- Home modification options and supplies are available and affordable, and providers understand the needs of older people.
- Public and commercial rental housing is clean, well-maintained and safe.
- Sufficient and affordable housing for frail and disabled older people, with appropriate services, is provided

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3 - Social Participation		
In an age-friendly community, there are places for older adults to go for fun, enjoyable activities for them to do, and ways to stay socially connected.		
PLAN	SECTION	GOAL/OBJECTIVE
SANDAG CTP (2018) General Plan (2015)	Ch. 8, Goals/Vision Recreation Element	Healthy and Complete Communities Objective: Create great places for everyone to live, work, and play Policy RE-A.1.a. Develop implementation strategies to meet urban park and recreational needs and ensure equitable access to recreational resources.
General Plan (2015)	Recreation Element	Policy RE-A.11. Develop a diverse range of recreation programs that are sensitive to and consider community needs, interests, and financial resources.
General Plan (2015)	Recreation Element	Policy RE-B.1. Provide access to a diversity of recreation facilities and programs that meet the demographically changing needs of the community while ensuring no net-loss of overall citywide population-based park acreage.
General Plan (2015)	Recreation Element	Policy RE-D.1. Provide new and upgraded park and recreation facilities that employ barrier-free design principles that make them accessible to San Diegans regardless of age or physical ability, giving priority to economically disadvantaged communities.
General Plan (2015)	Recreation Element	Policy RE-D.2. Provide barrier-free trails and outdoor experiences and opportunities for persons with disabilities where feasible.
General Plan (2015)	Recreation Element	Policy RE-D.3. Provide recreation programs and services specifically designed to meet the needs of children, the increasing elderly population, persons with disabilities and the underserved teenage population.
General Plan (2015)	Recreation Element	Policy RE-D.8. Balance the scheduling of programmed and non-programmed use of parks and recreation facilities to provide access to a diversity of users.
General Plan (2015)	Recreation Element	Policy RE-D.9. Maximize natural sunlight and shade opportunities in park areas to provide relief and a range of recreational experiences throughout the year for all users.
CSDAOP (2017-2019)	2017-19 Objectives	Sustainable Environments: Connect seniors to four outdoor experiences and/or programs to promote long-term physical and mental health through partnerships with service providers that support seniors.
PMPWP (2017-2020) SDCSHR (2015)	Goal: Accessible Thriving	Every resident should be able to access a meaningful park space or program by walking, biking, taking mass transit or driving. Cultivating opportunities for all people and communities to grow, connect and enjoy the highest quality of life
Age Well (2018)	Social Partic. Goal 1	Create policies and practices that facilitate intergenerational engagement and the development of shared spaces for intergenerational activity.
Age Well (2018)	Social Partic. Goal 2	Implement and expand recreational and educational programming that is safe, dementia-friendly, and diverse.
Age Well (2018)	Social Partic. Goal 3	Create and implement a targeted social support outreach, engagement, and education plan, especially for those who are isolated.
Age Well (2018)	Social Partic. Goal 4	Develop leadership and empowerment opportunities for aging adults.

Checklist Features

*Checked features are a result plan findings and site observations;
Checklist items are from AARP/WHO Domain "Social Participation"

- Venues for events and activities are conveniently located, accessible, well-lit and easily reached by public
- Events are held at times convenient for older people.
- Activities and events can be attended alone or with a companion.
- Activities and attractions are affordable, with no hidden or additional participation costs.
- Good information about activities and events is provided, including details about accessibility of facilities and transportation options for older people.
- A wide variety of activities is offered to appeal to a diverse population of older people.
- Gatherings including older people are held in various local community spots, such as recreation centres, schools, libraries, community centres and parks.
- There is consistent outreach to include people at risk of social isolation.

As of 12/27/19

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4 - Work and Civic Engagement, focused on volunteerism			Checklist Features	As of 12/27/19
An age-friendly community provides ways older adults can, if they choose, work for pay, volunteer their skills, and stay actively engaged in community life.				
PLAN	SECTION	GOAL/OBJECTIVE		
General Plan (2015)	Recreation Element	Policy RE-A.6.b. Encourage community participation in development and maintenance of City-owned mini-parks, pocket parks, plazas, and community gardens.	<input type="checkbox"/> A range of flexible options for older volunteers is available, with training, recognition, guidance and compensation for personal costs.	<input type="checkbox"/>
General Plan (2015)	Mobility Element	Policy ME-C.1.e. Increase public input in transportation decision-making, including seeking input from multiple communities where transportation issues cross community boundaries.	<input type="checkbox"/> The qualities of older employees are well promoted.	<input type="checkbox"/>
LWSP (2019-2024)	Sus.Env./Thriving	Create and promote diverse opportunities for residents to exercise their right to be civically engaged and find solutions to current and future challenges	<input type="checkbox"/> A range of flexible and appropriately paid opportunities for older people to work is promoted.	<input type="checkbox"/>
PMPWP (2017-2020)	Project Objectives	Identify community-specific recreation needs and priorities	<input type="checkbox"/> Discrimination on the basis of age alone is forbidden in the hiring, retention, promotion and training of	<input checked="" type="checkbox"/>
VZSP (2025)	Education	Develop and host a series of Vision Zero exposés.	<input type="checkbox"/> Workplaces are adapted to meet the needs of disabled people.	<input checked="" type="checkbox"/>
VZSP (2025)	Engineering	Identify, assess and recommend specific locations within communities that have higher incidents of severe injuries or deaths for safety improvements and/or traffic calming measures. Pinpoint locations and corridors that have a high-incident rate of severe injuries and deaths.	<input type="checkbox"/> Self-employment options for older people are promoted and supported.	<input type="checkbox"/>
			<input type="checkbox"/> Training in post-retirement options is provided for older workers.	<input type="checkbox"/>
			<input type="checkbox"/> Decision-making bodies in public, private and voluntary sectors encourage and facilitate membership of older	<input checked="" type="checkbox"/>

5 - Respect & Social Inclusion			Checklist Features	As of 12/27/19
An age-friendly community listens to its older residents and includes them in activities for all ages.				
PLAN	SECTION	GOAL/OBJECTIVE		
General Plan (2018)	PS/Safety Element	Policy PF-J.8. Build and maintain a library system that adapts to technological changes, enhances library services, expands access to digital information and the internet, and meets community and library system needs.	<input type="checkbox"/> Older people are regularly consulted by public, voluntary and commercial services.	<input type="checkbox"/>
General Plan (2018)	PS/Safety Element	Policy PF-L.11. Support efforts to provide those with disabilities access to the most current technologies.	<input type="checkbox"/> Services and products to suit varying needs and preferences are provided by public and commercial	<input checked="" type="checkbox"/>
General Plan (2021)	Housing Element	Policy HE-N.7 Engage community members before neighborhoods change	<input type="checkbox"/> Service staff are courteous and helpful.	<input checked="" type="checkbox"/>
CSDAOP (2017-2019)	HHSAs Priorities	Safe Communities: HHSAs works to ensure that all residents feel safe in their communities and focuses on vulnerable populations. To ensure the safety of our at-risk youth and adults, including foster children and seniors, HHSAs will engage them in prevention programs that successfully transition youth into adulthood and ensure seniors are safe in their homes. Valuing the diversity of our county, HHSAs	<input type="checkbox"/> Older people are visible in the media, and are depicted positively and without stereotyping.	<input checked="" type="checkbox"/>
CSDAOP (2017-2019)	2017-19 Objectives	Healthy Families: Increase to 26,732 the number of seniors, including those living in rural areas that receive CalFresh benefits in order to reduce the number of seniors who self-report food insecurity. This goal will be accomplished through strategic partnerships with community-based organizations.	<input type="checkbox"/> Community-wide settings, activities and events attract all generations by accommodating age-specific needs and preferences.	<input type="checkbox"/>
LWSD (2019-2024)	Living Safely	Strengthen our prevention and enforcement strategies to protect our children, youth and older adults from neglect and abuse	<input type="checkbox"/> Older people are specifically included in community activities for "families".	<input type="checkbox"/>
SDSCAR (2019)	Opportunity #2	Advocacy: A united voice is needed throughout the San Diego region to advocate on behalf of seniors for more favorable governmental policies and participation in the needs and future of senior centers, for an environment conducive to creativity, innovation and entrepreneurialism in every senior center, and to encourage the development of strategies designed to secure new funding and long-term sustainable support of this core infrastructure.	<input type="checkbox"/> Schools provide opportunities to learn about ageing and older people, and involve older people in school	<input type="checkbox"/>
SDSCAR (2019)	Opportunity #3	Promoting Innovation and Sustainability: To attract new sources of funding, leadership needs to demonstrate the impact that their services have on their participants. This would require relationships and partnerships with key community leaders and stakeholders that enable each senior center to implement positive and cutting-edge advances in its mission, program offerings, facilities and equipment, and the funding strategies to achieve long-term sustainability.	<input type="checkbox"/> Older people are recognized by the community for their past as well as their present contributions.	<input type="checkbox"/>
AISAP (2018-2019)	Goal #1	Building better health by improving the health of residents and supporting healthy choices.	<input type="checkbox"/> Older people who are less well-off have good access to public, voluntary and private services.	<input type="checkbox"/>
AISAP (2018-2019)	Goal #2	Make San Diego County one of the safest communities in the nation.		
AISAP (2018-2019)	Goal #3	Our older residents are: Engaging, building community awareness and cohesion; Connecting, filling gaps and ensuring equal access to basic needs; and Flourishing, exceeding our basic needs.		
SDCSHR (2015)	Living Safely	Ensuring residents are protected from crime and abuse, neighborhoods are safe, and communities are resilient to disasters and emergencies		
Age Well (2018)	Dem-Friendly Goal 2	Promote concepts and tools provided by Dementia Friendly America		
WEALLCOUNT (2018)	City of San Diego	4,912 = Total homeless persons counted in San Diego in 2018; The City of San Diego saw a 19% decrease in unsheltered homeless individuals. This total figure represents 57% of the total homeless count.		
ADRSDC (2018)	Edu/Awareness	Develop a multi-faceted education and public awareness campaign [for Alzheimer's disease and related dementias (ARD)]		